

Menlyn
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 Smiling Orthodontics
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S M I L I N G
O R T H O D O N T I C S
Dr Herman Uys
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Pr Nr: 0261947

 012 348 7108
082 80 80 80 7
076 449 4344
 086 554 3931

Accounts: 012 756 4111

 95285 • Waterkloof
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25th March 2020

Dear Patient/Parent

Following the announcement on 23rd March 2020 by the President, and in line with the recommendation of various professional bodies (HPCSA, SADA, SASO, AAO, BOS and the Dental Deans), I am writing to inform you that it is necessary to postpone all non-urgent orthodontic appointments, until 16th April. Closer to that time we will need to re-evaluate the situation further.

The dental profession is regulated when it comes to cross-infection and we take this aspect very seriously in the best interests of all patients as well as members of staff. Dental professionals are extremely vulnerable to this viral threat, as we are exposed to a high quantity of aerosol and saliva particles especially with certain procedures. Due to the infectiousness of the virus and the absolute need to slow down the risk of spread, it is imperative to limit the possible exposure to our patients and staff.

Moreover, delaying orthodontic visits for few weeks is unlikely to cause any significant harm, as long as you are brushing your teeth regularly and following the instructions which are summarized below. These instructions are for those under treatment using fixed braces, removable braces, aligners, or retainers:

- Excellent oral hygiene is essential
- Avoid consuming sweetened beverages or foods
- Avoid all hard or sticky foods
- Follow the instructions at your last visit, such as the wear of elastics, brushing your teeth, using aligners, etc.
- For those who have finished their treatment and are wearing retainers, follow the instructions provided in your last visit regarding the wear times of your retainers.

keep on smiling... 

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Emergencies:

- Thankfully true emergencies are rare in an orthodontic office. Loose brackets while nuisance, are not an emergency.
- If you have an emergency that requires our intervention, please contact us on the normal switchboard numbers - Pretoria 012 348 7108 and Benoni 011 422 1417.
- We request that you kindly provide us with a photo / video clip of the relevant problem. An oral hygienist will contact you to advise accordingly.
- In the meantime, our advice is to act sensible and avoid or minimize emergency visits until routine care are accessible.
- It is this imperative to try adhering to the above instructions.

This is very difficult times for all of us and we need to work together for the benefit of everybody wellbeing. We apologize for any inconvenience caused as a result of these measures and will endeavor to assist to the best of our ability.

Dr H Uys and Smiling Orthodontics would like to wish everyone a safe and healthy lock down!

Regards,

Dr H Uys and the Smiling Orthodontic Team

keep on smiling... 